THE CHILD AND ADULT CARE FOOD PROGRAM

OVERVIEW

This family day care home is a participant in the Child and Adult Care Food Program (CACFP). The CACFP is funded and administered at the Federal level by the Food and Nutrition service (FNS), an agency of the U.S. Department of Agriculture (USDA). Alaska's program is administered by the Alaska Department of Education and Early Development.

CACFP provides Federal funds to nonresidential child and adult care facilities, emergency shelters, eligible after school programs and family day care providers who serve nutritious meals and snacks.

Proper nutrition is important to good health and an important part of a good childcare program. Children need well-balanced meals to meet their daily energy needs and to help them build strong bodies and minds.

Through the CACFP, you can be assured that your child is getting balanced, nutritious meals. As participants in the CACFP, child care homes & centers may be reimbursed for up to two meals and one snack that follow USDA meal patterns a day to each child. All of the meals must follow patterns set by the USDA.

MEAL PATTERNS

There are two groups of meal patterns. There is an infant meal pattern for infants up to 12 months. Foods in these patterns vary according to the infant's age. The other meal pattern is for children over one year of age.

FOODS FOR CHILDREN

Ages 1-12 years		
Breakfast	**Snack 2 of the following:**	**Lunch or Supper**
Milk	Milk	Milk
Fruit, and/or vegetable	Fruit	Fruit
	Vegetable	Vegetable
Bread or Enriched or Whole-Grains	Bread or Enriched or Whole-Grains	Bread or Enriched or Whole-Grains
Meat or Meat Alternate (can replace grain up to 3 x /week	Meat or Meat Alternate	Meat or Meat Alternate

FOODS FOR INFANTS

Birth through 5th Month		
Breakfast	**Snack**	**Lunch or Supper**
Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk
6 Month through 11 Month		
Breakfast	**Snack**	**Lunch or Supper**
Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk
When Develop-mentally Ready: Iron-Fortified Infant Cereal **and/or** meat/meat alternate	When Develop-mentally Ready: Bread **or** Crackers **or** Iron-Fortified Infant Cereal **or** Ready-to-eat cereal	When Develop-mentally Ready: Iron-Fortified Infant Cereal **and/or** meat/meat alternate
Fruit and/or Vegetable	Fruit and/or Vegetable	Fruit and/or Vegetable

The CACFP provides financial assistance to public and private nonprofit organizations providing licensed or approved nonresidential day care services throughout the United States.

Organizations participating in the CACFP include, but are not limited to, childcare centers, childcare homes, and institutions providing childcare services for children with disabilities.

Family childcare providers may access CACFP through a local sponsoring organization. Sponsoring organizations can operate the CACFP in family childcare homes, childcare centers and before and after school programs.

Childcare homes must participate under a sponsoring organization; they cannot enter the CACFP directly. Centers can operate in the program either independently or under the auspices of a sponsoring organization. The sponsoring organization must accept final administrative and financial responsibility for homes under its auspices. Please see the front page of the brochure for the sponsoring organization associated with your childcare provider.

CONTACTS

In the State of Alaska, the CACFP is administered by:

State of Alaska
Dept. of Education & Early Development
Child Nutrition Services
801 West 10th Street
P.O. Box 110500
Juneau, AK 99811-0500
Phone: 907-465-8711

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Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

fax: (202) 690-7442

email: program.intake@usda.gov

This institution is an equal opportunity provider.

The Child and Adult Care Food Program (CACFP)

Parent Information

CACFP
Building for the Future

Alaska Family Child Care Food Program

Address: 7926 Old Seward Hwy Ste C-5
Phone: (907) 274-2237
Email: foodprogram@akfamilycca.org

Alaska Family Child Care Association
Promotes and Develops Quality Professional Home-Based Childcare